Athlete with suspected concussion

On-field signs of concussion:
- Loss of consciousness
- Lying motionless, slow to get up
- Seizure
- Confusion, disorientation
- Memory impairment
- Balance disturbance/motor incoordination
- Nausea or vomiting
- Headache or 'pressure in the head'
- Visual or hearing disturbance
- Dazed, blank/vacant stare
- Behaviour or emotional changes, not themselves

Immediate and permanent removal from sport
Take normal first aid precautions including neck protection

RED FLAGS
- Neck pain
- Increasing confusion, agitation or irritability
- Repeated vomiting
- Seizure or convulsion
- Weakness or tingling/burning in the arms or legs
- Deteriorating conscious state
- Severe or increasing headache
- Unusual behavioural change
- Visual or hearing disturbance

Refer to medical practitioner as soon as practical
Immediate referral to emergency department

Things to look out for at the time of injury